

## Klubbmesterskap - Tempo - 2023

Plass	Navn	Tid
<b>M 13-14</b>		
1	Patrick Mørk	15:29,80
2	Aslak Myhrvold	17:29,17
<b>M Junior</b>		
1	Truls Lutnæs	14:00,53
<b>K Senior</b>		
1	Mathilde Bengtson	13:43,31
2	Henriette Angelica Bakkeli Götz	15:33,91
3	Berit Benjaminsen	17:19,12
<b>M Senior</b>		
1	Andrè Johansen	11:56,52
2	Jonas Nerموen	12:16,23
3	Per Christian Mørk	12:34,78
4	Mads Aagaard	12:38,01
5	Thomas Liebe	12:46,71
6	Jan Bodin	12:52,46
7	Olav Kristoffer Von Sydow	12:53,71
8	Håkon Zahl	12:55,08
9	Thomas Harjo	12:55,28
10	Svein-Ole Retteråsen	13:19,81
11	Christopher Henriksson	13:27,96
12	Peter Longhi	13:31,09
13	Yoel Medhaie	13:37,11
14	Roger Arenberg	13:38,53
15	Vegard Heggen	13:40,41
16	Thomas Leirset	13:42,33
17	Robert Lille-Rødberget	13:46,34
18	Lorenz Tanner	13:53,11
19	Thomas Haug	13:56,37
20	Knut Simonsen	14:09,10
21	Håvard Ermland	14:31,95
22	Martin Eisold	14:36,22
23	Alexander Mcfarlane	14:49,71
24	Vegard Dahl	15:03,13
25	Nicolay Aslaksen	15:25,03
26	Morten Riis Andersen	15:51,61
27	Håkon Dahl	15:55,78